

YMCA

# CAMP SPINDRIFT

A SUMMER OF FUN - A LIFETIME OF MEMORIES

# PARENT HANDBOOK

## 100% SATISFACTION GUARANTEE

We want you to be completely satisfied. My staff and I strive to provide the best quality summer camp experience you and your family desire. Please contact me directly if your experience does not meet or exceed your expectation. We welcome the opportunity to make you happy. We will correct any issue for you. If you remain unsatisfied, we will refund the remainder of your fee. Our goal is to create satisfied “owners” of our YMCA and its programs.

- Rick Doucette  
Executive Director  
YMCA Teen & Camp Services of Cape Ann

We meet or exceed all Summer Camp regulations as required by the Massachusetts Department of Public Health and are inspected by the Gloucester Department of Health

Last updated 03102010RD

[www.cayteenandcamp.org](http://www.cayteenandcamp.org)

# YMCA

# CAMP SPINDRIFT

## I. Welcome

Welcome to YMCA Camp Spindrift! We are so glad that you could join us for a summer of fun. Whether your child will be joining us for the first time, or has been with us for years, – we're anxious to provide a wonderful and enriching experience for all campers and families this summer. This parent handbook contains important information about the YMCA, our camp programs, rules, regulations, special events, and more. Please read this packet carefully to ensure that you and your child are ready for your first day of camp.

## II. Goals and Objectives of YMCA Camp Spindrift 2010

The purpose of YMCA Camp Spindrift is to provide children with a positive, safe, fun, creative and educational summer experience. We will strive daily to make it a great summer for your child. Through innovative curriculum and activities led by our qualified and experienced staff counselors, our camp will help your children grow to their highest potential. Parents may review background check, health care, discipline policies and grievance procedures upon request.

We will incorporate the National YMCA Character Values of CARING, HONESTY, RESPECT and RESPONSIBILITY. Throughout the summer the children will be awarded with beads that represent these values. CARING is represented by the color red (for the heart), HONESTY is the color blue (for true blue), RESPONSIBILITY is the color green (for our environment), and RESPECT is the color yellow (for the golden rule). While having fun at camp, we hope that your child will learn how to further practice these values and include them in their everyday life and activities.

## III Camp Programs

***SPINDRIFT JUNIORS*** for ages 4 – 8.5 is a traditional summer program designed especially for our younger campers in co-ed groups. This includes our Small Fries, Sioux & Navajo groups, with recreational swimming, arts & crafts, games, sports, swimming instruction and activities crafted specifically for younger and first time campers. Sioux & Navajop campers will also have introduction to archery. The Small Fry Group makes use of two of their very own cabins for changing for swim, bathrooms and storage of camp gear and lunch in “Small Fry Village”.. Spindrift Juniors runs in one-week sessions that are highlighted by a special theme, trip or activity. We also have 3- or 4-day flexible options available for busy families.

***SPINDRIFT SENIOR GIRLS AND SPINDRIFT SENIOR BOYS*** for ages 8.5 – 13 is a traditional summer program with campers in gender-based grouping; activities include swimming, arts & crafts, camp-craft, games, sports, swimming instruction, recreational swimming, archery and more as the day-to-day activities. An emphasis is placed upon recreation as well as positive peer relations. Spindrift Seniors runs in one-week sessions that are highlighted by a special theme, trip or activity. We also have 3- or 4-day flexible options available for busy families.

***SPINDRIFT HORSE CAMP*** for ages 7 – 14 In collaboration with the fine folks at Sandy Bay Stables, campers will get to spend their mornings riding and learning the art of horsemanship, and their afternoons enjoying a traditional day camp experience. Campers will be brought from Camp Spindrift to the stables in the morning where they will be taught in small groups on a number of different horses. After lunch the campers will return to camp, where they will get to swim and enjoy activities such as arts & crafts, archery and field. Spindrift Horse Camp runs in one-week sessions – we cannot accommodate partial-week registration for this program.

**SPINDRIFT LIT PROGRAM** for ages 14 – 16 is a “bridge” program that has produced many of our finest camp staff. LITs (Leaders in Training) will not only participate in a variety of fun and educational activities, but will be skillfully guided as they assist with younger-camper groups. LITs will be trained to run and plan for a camp group as well as receive basic First Aid training. The LIT program will run in two week sessions.

**SPINDRIFT WATER COUNTRY CAMP** for ages 12 – 16. Offered as a “pilot program” for the first time this summer, this one-week-offering is sure to be “EPIC FUN!” (as one member of our youth-focus group exclaimed). We will spend everyday, Monday through Friday at Water Country splash park. Our package includes all transportation, park admission for the week, a personalized 2010 season pass for Water Country (free admission for the rest of the summer), a daily lunch option. This is a “rain or shine” week – if the park is closed due to violent weather – we’ll schedule a make-up date Spindrifft Water Country Camp runs only for one-week – we cannot accommodate partial-week registration for this program.

**IV. Camp Facility**

YMCA Camp Spindrifft is a 48-acre camp facility, off of Atlantic Street in West Gloucester, located less than one mile from Wingersheek Beach. With two picnic pavilions, sand-pit volleyball, full-court basketball, jumbo sun deck, 4 poolside waterslides, archery range, ball field, arts cabin, full aquatic complex and numerous cabins and nature trails; this “jewel of the North Shore” offers the perfect setting for “A SUMMER OF FUN – A LIFETIME OF MEMORIES”.

**V. Registration**

In order to initiate several major equipment purchases and capital improvements for the betterment of our camp, starting this year, we’ve instituted a one-time initial \$25 registration fee per camper, regardless of the number of weeks a child attends.

Registration will be accepted on a first come first served basis. A weekly deposit is required for each camper for each session. This deposit will then be applied toward the total balance due. Weekly balances must be paid in full no later than the Thursday prior to the camp week.

To ensure the proper placement of your child, please make sure that the registration information is filled out correctly and completely. Per the State Board of Health, signed medical forms must also be on file before the child’s first day of camp. Please don’t force us to send your child home from camp.

**Each camper receives a complimentary YMCA Summer Youth Membership!**

<b>Spindrifft Day Camps</b> Ages 4 – 13 \$10 deposit			<b>L.I.T.</b> Ages 14-16 \$40 deposit	<b>Horse Riding</b> Ages 7-14 \$150 deposit	<b>Water Country</b> Ages 12-16 \$150 deposit
<b><u>5 Day</u></b>	<b><u>4 Day</u></b>	<b><u>3 Day</u></b>	<b><u>10 Day</u></b>	<b><u>5 Days</u></b>	<b><u>5 Days</u></b>
<b><i>\$175</i></b>	<b><i>\$160</i></b>	<b><i>\$145</i></b>	<b><i>\$230</i></b>	<b><i>\$415</i></b>	<b><i>\$330</i></b>

**VI. Refunds/Credits**

If you are unsatisfied with you child’s Camp experience and we are unable to rectify the situation after you notify us we will issue a Refund/Credit for any unused camp fees for the remainder of the season.

We will issue a YMCA credit for medical absences only when the request is submitted in writing and signed by a physician. The credit will be issued on a pro-rated basis for the number of days the child missed camp. Participants must be absent a minimum of three consecutive camp days to qualify for a credit.

YMCA credits may be used within one year of issue toward any North Shore YMCA program or membership.

## **VII. Payment Options**

Payment in full for each week of camp must be received no later than the Thursday before the weekly camp session begins. Payment may be received in the form of check, cash, Visa Card, Master Card, Discover or American Express Card. Parents may also choose our convenient “e-Pay Option” at no extra charge. Failure to pay in a timely manner may result in your child’s withdrawal from camp. **Financial Assistance is available for participants who may be unable to pay the full camp tuition.**

## **VIII. Pick-up Policy**

All campers picked up from camp must be signed out before leaving the camp property. To ensure your child’s safety, we require written notification if anyone other than a parent will be picking up the child. Written notification will also be required if there is a change as to how your child will leave the camp property. **The person picking up your child must present a valid picture I. D. (this includes parents).**

## **IX. Drop-off/Pick –up**

In order to not interfere with buses in the upper parking lot, drop off for camp will be between 8:30am and 8:45am. Please have your child at camp by 8:45am so that the day can be started on time. Pick-up in the afternoon begins at 4:05pm after buses depart.

If a child is dropped off in the morning before 8:30am and/or picked up after 4:15pm you will be charged the weekly fee of \$30 for extended day. (please see item X, below).

## **X. Extended Day Options**

For an additional \$30 per week you can drop your child off at camp as early as 7:30am and/or pick your child up as late as 5:30pm. We ask you to register accordingly so we can adequately plan our staffing patterns.

## **XI. Late-Pick-Up Policy**

Parents and/or authorized persons must contact the camp if they will not be able to arrive before the close of extended camp care in the afternoon (5:30pm). Each day a parent and/or an authorized person is late picking up a child(ren), a late fee will be assessed. The late fees are as follows:

Pick-up between 5:30pm and 5:45pm	\$ 5.00
Pick-up between 5:45pm and 6:00pm	\$15.00

If the child is not picked up by 6pm, an additional \$2/minute fee will be assessed.

If a child has not been picked up by 6:30pm and we have had NO CONTACT with a parent/guardian or designated authorized emergency contact (we will try to make contact), then the YMCA is required to:

1. Contact the Department of Child Services (DCS) Child at Risk Hot Line and inform them we have an abandoned child.
2. A YMCA staff member will stay with child until a DCS social worker takes over the situation.
3. The YMCA staff member will attempt to leave a message for the parent or authorized person as to where to locate their child.

## **XII. Late Camper Policy**

Late campers must sign in at the camp office. Tardy campers may have an extended waiting period before they can be placed with their group, depending on the group schedule and available personnel. When possible, please notify your child’s counselor in writing that your child will arrive late the following day. In a last-minute situation, please call the camp that morning at 281.CAMP (2267). Following these procedures will make it quicker and more efficient to place a late camper with their group.

### XIII. Summer 2010 Special Events/ Theme Weeks (for Day Camps)

	<u>DATES</u>	<u>HIGHLIGHT/THEME</u>
<b>PRE</b>	<b>Jun 14 – Jun 18</b>	<b>Early Fun for Some...as school schedule allows</b>
<b>1</b>	<b>Jun 21 – Jun 25</b>	<b>Welcome Back / Super Hero Week</b> Costumes, games, stories and skits
<b>2</b>	<b>Jun 28 – Jul 2</b>	<b>Pirate Week &amp; Gloucester Horribles Parade</b> Arrrgghhh Matey! A full-week of treasures!...and the option to join our appearance in the parade!
<b>3</b>	<b>Jul 5 – Jul 9</b>	<b>Wild Wild Wild West Week &amp; Parent Week</b> Howdy Pardner! Mosey on over for a spell, ya-hear?
<b>4</b>	<b>Jul 12 – Jul 16</b>	<b>Hollywood Stars &amp; Camper Overnight</b> Glitz, glamour, celluloid heroes, campfires, cookouts, s'mores n' more!
<b>5</b>	<b>Jul 19 – Jul 23</b>	<b>Trip to CANOBIE LAKE PARK</b> Turkish Twist or Teacups – your call!
<b>6</b>	<b>Jul 26 – Jul 30</b>	<b>Olympic Week / Watermelon Fest &amp; Family Overnight</b> A traditional Spindrift favorite...Let the games begin!...and the option for your family to “rough it” in the deep woods of West Gloucester
<b>7</b>	<b>Aug 2 – Aug 6</b>	<b>Carnival / Circus &amp; Parent Night</b> Fun, food, prizes, inflatable moon bounce, dunk tank, games galore and more fun than you can shake a stick at!
<b>8</b>	<b>Aug 9 – Aug 13</b>	<b>Trip to WATER COUNTRY</b> Aqua Fun for all!
<b>9</b>	<b>Aug 16 – Aug 20</b>	<b>Decades Week &amp; Family Sock Hop Dance</b> Keen! Groovy! Tubular! Rad! Awesome!
<b>10</b>	<b>Aug 23 – Aug 27</b>	<b>Color Games / Goldfish Swim / S'morefest</b> High energy fun and frivolity – and Rick's Annual Cartwheel
<b>11</b>	<b>Aug 30 – Sep 3</b>	<b>Smorgasbord Week</b> We don't ALL go back before Labor Day...do we? Camp days offered as School Calendar allows

#### \*\*\*REMINDERS\*\*\*

- \*\*\* When sleepovers are held on Friday evenings, pick-up is at 9:30am on Saturday. Camp cannot provide transportation on Saturday morning.
- \*\*\* Camper shirts are required for all trips out of camp. Shirts are available for \$8.00 at the camp store.
- \*\*\* For all out-of-camp trips (weeks 5 & 8) permission slips will not be issued. Unless otherwise individually arranged and confirmed, all children in attendance will be accompanying us on the trips.
- \*\*\* For the CANOBIE LAKE PARK and WATER COUNTRY trips, parents will need to arrange to have their children picked up at O'Maley Middle School in Gloucester at 5:30pm. This will allow us to spend more time in each park, and spare your children excessive time on the bus.
- \*\*\* If we must cancel an overnight event in the case of inclement weather, or the forecast of severe weather – a decision will be made by 2:00pm and regular transportation plan will be followed.

#### **XIV. What to Bring to Camp**

**LUNCH:** Each camper is expected to bring his/her own lunch. Please be sure to pack plenty of nutritious food, as a busy camp day makes for hungry children. Bottled Water is available at the camp store; as are ice cream desserts. Please make sure children's lunches are clearly labeled.

##### **SOME HELPFUL HINTS:**

- \* Do not use mayonnaise or salad dressings, as we cannot refrigerate lunches.
- \* Place sandwiches in the freezer overnight. They will be thawed in time for lunch.
- \* The following items will not be affected by the weather: hard-boiled eggs, dried fruits, vegetables such as celery and carrots (they're nature's toothbrush) :-)

For your convenience, we have partnered with the fine folks at **ANNIE'S VARIETY** (down the street) to make fresh, high quality lunches available daily to campers. Choices will vary and may be ordered "by the day". Lunch includes a deli sandwich, chips, handheld fruit, dessert snack & beverage. Fee: \$6 (sm) or \$8 (lg).

**CLOTHING:** Campers should wear appropriate outdoor attire: including sweatshirt or rain gear if called for. Sneakers should be worn, open-toe-sandals lead to stubbed toes and injuries. Campers should also bring a bathing suit and a towel, as swimming is scheduled twice a day.

Please keep in mind that your child is spending the day outside, and on many days will get dirty. We advise that all "good clothes" be kept at home, and that your child wear "play clothes" daily to camp.

**LOST AND FOUND:** One of the biggest problems at camp has been lost, unidentified clothing. Please label your child's clothing and towels with a laundry marker. We will try to return all articles, but have difficulty with unmarked items. If you notice something missing, please contact camp immediately. All unclaimed items will be donated to charity promptly after a two-week holding period.

**BUG SPRAY AND SUN SCREEN:** Both of these items are highly recommended, and should be applied as directed. Also, in order to help prevent skin damage from the sun, all children are to wear shirts at all times, except when swimming.

#### **XV. What Not to Bring to Camp**

Please do not send your child to camp with toy guns or knives, trading cards, expensive jewelry, radios, nuclear devices, walk-men, disc-men, MP3 players, iPods, cell phones, pagers, gold doubloons, cameras, game boys, and other electronic devices. These items distract from the camp experience and can easily be lost, stolen or broken at camp as there is no secure & dust free place to keep such objects. If you insist upon throwing away your hard-earned money, please feel free to send it directly to me.

#### **XVI. Swimming**

Throughout the summer, campers will participate in an "aquatic acclimation" swim lesson program and recreational swimming at our outdoor pool. Certified lifeguards are vigilantly on duty at all times that the pool is open. Please make sure to send your child to camp with a bathing suit and towel. Also, from time to time, groups may participate in activities at our waterfront with our qualified staff (including certified lifeguards).

#### **XVII. Transportation Policy**

At Camp Spindrift, we take special care in providing a safe and enjoyable experience for your child. Once your child is on his/her way home on the bus, we need someone to be at the bus stop, waiting to pick him/her up

For a nominal fee – we provide two-way transportation throughout the greater Cape Ann area. Please contact us for a complete listing of bus routes.

We will not leave a child unless a parent is present at the bus stop, or permission has been given prior to camp, (as noted on the registration form). If a parent is not present and no permission has been given, the child will be returned to the CAPE ANN YMCA upon the completion of the bus run, and a parent will need to pick child(ren) up there.

Bus Transportation is provided by the Gloucester Public School System. Campers are expected to abide by the School Departments expectation and guidelines. Camp Spindrift Staff are present as Bus Monitors at all times. If disruptive behavior causes problems with the operation of the bus, bus privileges may be suspended and transportation will become the responsibility of the parent.

### **XVIII. Group Placement**

We place children in groups by age and gender. We will consider all requests for group placement. We want your child to feel at ease getting accustomed to camp life. We will also introduce “new campers” to a “vet camper” as a one-on-one “buddy guide” for the first day or so.

### **XIX. Camper Adjustment**

If we feel that any child is unable to adjust to camp life, we may withdraw the child from camp, after consultation with the parents. Any fees paid in advance will be returned on a pro-rated basis. Please feel free to consult me directly regarding any problems in your child’s adjustment to our camp program.

### **XX. Discipline Policy**

Discipline is important to the growth of every child. Clear guidelines and expectations are what mold a child into who they will become in society. The YMCA firmly believes that innovative techniques can be created that, when utilized correctly, will help the child learn new and more effective techniques to handle their behaviors and emotions.

Rules are very important for both campers and staff in the camp setting. The safety of each and every camper is our primary concern. Respect of staff, adults and other campers is expected. We see the experiences ahead of us as an opportunity to learn from others around us, and to grow within ourselves.

If and when one of the following situation occurs,

- a camper continually breaks a camp rule.
- a group is unable to function normally because of behavioral problems.
- a camper displays inappropriate behavior that jeopardizes the health and safety of any individual at camp, or the camp as a whole.

The following disciplinary steps will be taken:

- The head counselor and child will discuss the action and the child will be given time to express their story. During this processing, the counselor will reiterate the rules that are associated with the problem. The situation will be documented by the counselor and placed in the child’s file.
- On the second offense, the child and counselor will meet with the unit leader to review and reinforce the rules and expectations. The incident will be documented and the parent(s) will be made aware of the situation.
- On the third offense, a more formal meeting will be set up with the child, the counselor, the unit leader and/or the camp director. The goal of this meeting is to develop a set of goals for the child based on their behavior. These goals will be discussed and decided on by all parties, including the child. The child will be made aware that on the next offense a meeting will be held with their parents and if that meeting does not sufficiently address the problems, then removal from the camp may occur. The incident will be documented and the parent(s) will be made aware of the situation.

- If the behavior continues, on the fourth offense a meeting will be held with the child, camp director and the parent(s). All documented past history of the event will be reviewed and a plan of action will be determined. This discussion will be documented and signed by all parties that are present. All parties will understand that upon the next offense the child will be removed from camp.
- On the fifth offense, the child will be removed from the YMCA Camp Program and potentially prohibited from partaking in all YMCA programming.

\*\*\* The Camp Director, maintaining clear communication with child, staff & parent may accelerate or decelerate the level of consequence for inappropriate behavior as the situation specifically warrants.

\*\*\* Corporal punishment, including spanking, is strictly prohibited.

\*\*\* No camper shall be subjected to cruel or severe punishment, humiliation, or verbal abuse.

\*\*\* No camper shall be denied food or shelter as a form of punishment.

Please note: this does NOT apply to “Camp Store/Ice Cream privileges”

\*\*\* No child shall be punished for accidentally soiling, wetting or not using the toilet.

### **XXI. Health Policy**

YMCA Day Camp Spindrift has a physician on call, a Health Care Supervisor on staff and additional key staff people trained in emergency care and first aid. **Each child must have a completed and signed medical form and immunization record at camp prior to admittance.** Participation privileges cannot be extended to campers whose forms are not on file. Parents should not send sick or infectious children to camp.

Parents whose children need medication during the camp day must provide the medication in the original container with the original prescription label attached AND a note from the parent authorizing camp to dispense medication. Non-prescription medication must be accompanied by a parent’s note. All medications should be given immediately to the Camp Nurse and will be locked up throughout the day. Medications will be dispensed by the Camp Nurse, Camp Director or their appointed designee only. Campers may carry Epi-Pens and Asthma Inhalers on their person.

If your child is ill and unable to attend camp, we ask that you notify the camp office between 6:30am and 8:30am.

### **XXII. Emergency Procedures**

Trained staff will handle minor injuries or illnesses. In the event of a minor accident or illness (small scrapes & minor “boo-boos” excluded), the camp staff will contact the parent/guardian or the emergency contact person.

In the case of serious illness or accident, the YMCA camp staff will utilize appropriate police, fire department or ambulance transportation. If this action is taken, the camper will be taken to Addison Gilbert Hospital on Washington Street in Gloucester. Parents will be notified in all cases.

### **XXIII. Lost/ Missing Campers**

The YMCA trains all staff in lost camper procedures. The staff on duty will not release your child to unauthorized people. In the event that it is determined that a child is missing, all available staff will work to locate the child. All staff are instructed to never leave a child alone.

### **XXIV. Guest Policy**

In fairness to registered campers and because of insurance and State licensing regulations, we cannot accommodate daily guests and/or visitors.

## **XXV. Inclement Weather Policy**

In order to best serve our families, we operate camp rain or shine. We sometimes play in the rain and change into dry clothes; please plan accordingly when packing for your child. We cannot offer a credit and/or refund for days you choose to not attend.

## **XXVI. Parental Visits**

For security reasons, all visits to camp must be scheduled through the Unit Leader or Camp Director. If you need to make an unplanned visit to camp, you must first check in at the camp office. The camp office will contact the camp director who will then arrange an escort for you through the camp property. In order to keep you informed about what is happening at camp, we send home weekly newsletters and post frequently to our website.

## **XXVII. Closing**

We hope that this parent packet has answered your questions and addressed any of your concerns about your child's experience at YMCA Camp Spindrift. Please remember that while we are working hard to ensure a great summer for your child, there are also some things that you as parents can do that will emphasize this even more.

- Show an interest in what your child has been doing at camp. Take time at dinner to talk about what was seen or done during the camp day.
- If a particular activity or event at camp sparks your child's interest, don't hesitate to encourage further exploration at home with the family.
- Any award or recognition given at camp is an acknowledgement of individual accomplishment. Make sure to praise them at home for their efforts at camp.

All of the staff in all the YMCA Camp Spindrift Programs will be working hard to make the summer of 2010 a great one. If at any time you have questions or concerns, please don't hesitate to contact me. I welcome any suggestions that can help make your child's camp experience more enjoyable.

Thank you for entrusting me and my staff. We look forward to a strong, happy and healthy relationship with your family.

Health & prosperity,

Rick Doucette  
Executive Director of Teen & Camp Services YMCA

at YMCA Office            978-283-0470 ext. 1702  
at Camp Spindrift        978-281-CAMP (2267)  
on Cell Phone            978-479-1214  
doucetter@northshoreymca.org

## **INFORMATION FOR PARENTS: (courtesy of Gloucester Public Health Department)**

### **Meningococcal Disease and Camp Attendees: Commonly Asked Questions**

#### ***What is meningococcal disease?***

Meningococcal disease is caused by infection with bacteria called *Neisseria meningitidis*. These bacteria can infect the tissue (the "meninges") that surrounds the brain and spinal cord and cause meningitis, or they may infect the blood or other organs of the body. In the US, about 1,000-3,000 people get meningococcal disease each year and 10-15% die despite receiving antibiotic treatment. Of those who survive, about 11-19% may lose limbs, become deaf, have problems with their nervous system, become mentally retarded, or have seizures or strokes.

#### ***How is meningococcal disease spread?***

These bacteria are passed from person-to-person through saliva (spit). You must be in close contact with an infected person's saliva in order for the bacteria to spread. Close contact includes activities such as kissing, sharing water bottles, sharing eating/drinking utensils or sharing cigarettes with someone who is infected; or being within 3-6 feet of someone who is infected and is coughing and sneezing.

#### ***Who is at most risk for getting meningococcal disease?***

People who travel to certain parts of the world where the disease is very common are at risk for meningococcal disease. Children and adults with damaged or removed spleens or an inherited immune disorder (called "terminal complement component deficiency") are also at risk. People who live in settings such as college dormitories are also at greater risk of disease.

#### ***Are camp attendees at increased risk for meningococcal disease?***

Children attending day or residential camps are **not** considered to be at an increased risk for meningococcal disease because of their participation.

#### ***Is there a vaccine against meningococcal disease?***

There are currently 2 vaccines available in the US that protect against 4 of the most common of the 13 serogroups (subgroups) of *N. meningitidis* that cause serious disease. Protection with the meningococcal polysaccharide vaccine lasts about 3 to 5 years. A meningococcal vaccine (conjugate vaccine), which was licensed in January 2005, is expected to help decrease disease transmission and to provide more long-term protection.

#### ***Should my child receive meningococcal vaccine?***

Meningococcal vaccine is **not** recommended for attendance at camps. However, this vaccine is recommended for certain age groups; contact your child's health care provider. In addition, parents of children who are at higher risk of infection, because of certain medical conditions or other circumstances, should discuss vaccination with their child's healthcare provider.

#### ***How can I protect my child from getting meningococcal disease?***

The best protection against meningococcal disease and many other infectious diseases is thorough and frequent handwashing, respiratory hygiene and cough etiquette. Individuals should:

1. wash their hands often, especially after using the toilet and before eating or preparing food (hands should be washed with soap and water or an alcohol-based hand gel or rub may be used if hands are not visibly dirty);
2. cover their nose and mouth with a tissue when coughing or sneezing and discard the tissue in a trash can; or if they don't have a tissue, cough or sneeze into their upper sleeve.
3. not share food, drinks or eating utensils with other people, especially if they are ill.

You can obtain more information about meningococcal disease or vaccination from your healthcare provider, your local Board of Health (listed in the phone book under government), or the Massachusetts Department of Public Health Division of Epidemiology and Immunization at (617) 983-6800 or toll-free at (888) 658-2850 or on the MDPH website at <http://www.mass.gov/dph>.

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Provided by the Massachusetts Department of Public Health in accordance with M.G.L. c.111, s.219.

Massachusetts Department of Public Health  
305 South Street, Jamaica Plain, MA 02130

## **FREE SUMMER YOUTH YMCA MEMBERSHIP**

When you register your child for YMCA CAMP SPINDRIFT, you'll get, at no extra cost, a Summer Youth YMCA Membership for the months of June, July & August! (\$36 value!)

### **If your child is already a member of our YMCA:**

- You can donate the Summer Youth Membership for a child in need through our Annual Y FOR ALL Campaign **OR**
- You can have credit on your child's camp account **OR**
- We can extend your child's existing membership

**Please confirm your choice with Camp Registrar**

\* \* \* \* \*



***George  
“The Animal”  
Steele  
LOVES  
Camp Spindrift!***

## **Camp Spindrift Staff Leadership Team**

***Rick Doucette***

***Executive Director***

***Lisa Dahlmer-White***

***Junior Camp – Unit Leader***

***Loren Doucette***

***Arts & Crafts***

***Blair Hadley***

***Camp Nurse & Aquatics***

***Kira Oliver***

***Senior Girls – Unit Leader***

***Jeff “JP” Paul***

***Senior Boys – Unit Leader***

***Jolena Rogers***

***Camp Registrar***

TEEN & CAMP SERVICES YMCA OF CAPE ANN

**OUR YMCA WILL ENGAGE  
YOUTH TO PROFOUNDLY  
IMPACT LIVES,  
BUILD CHARACTER  
AND SERVE COMMUNITY**

Teen Center / Office 9 Center Street Gloucester, MA 01930	Ben Beye Youth & Teen Center 32 Poole's Lane Rockport, MA 01930 <a href="http://www.rockportteencenter.org">www.rockportteencenter.org</a>	Camp Spindrift 57 Atlantic Street Gloucester, MA 01930
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Additional YMCA Summer Programs for children

- Kiddie Camp
- Half Day Competitive Swim Clinic
- Basketball Camps
- Gymnastics & Cheerleading
- MLS Soccer Camp
- Youth Sailing Camp
- Adult Sailing Program
- Tennis Program
- Fencing Class
- ...and much, much more!

*Gloucester*  
**Summer Rec Programs**  
Under the strong direction of **KATY MILNE**, our YMCA is pleased to be once again collaborating with the City of Gloucester to offer a wide-array of Summer Recreational programs and events for our community.

**WORKING TOGETHER FOR A  
STRONGER COMMUNITY**